

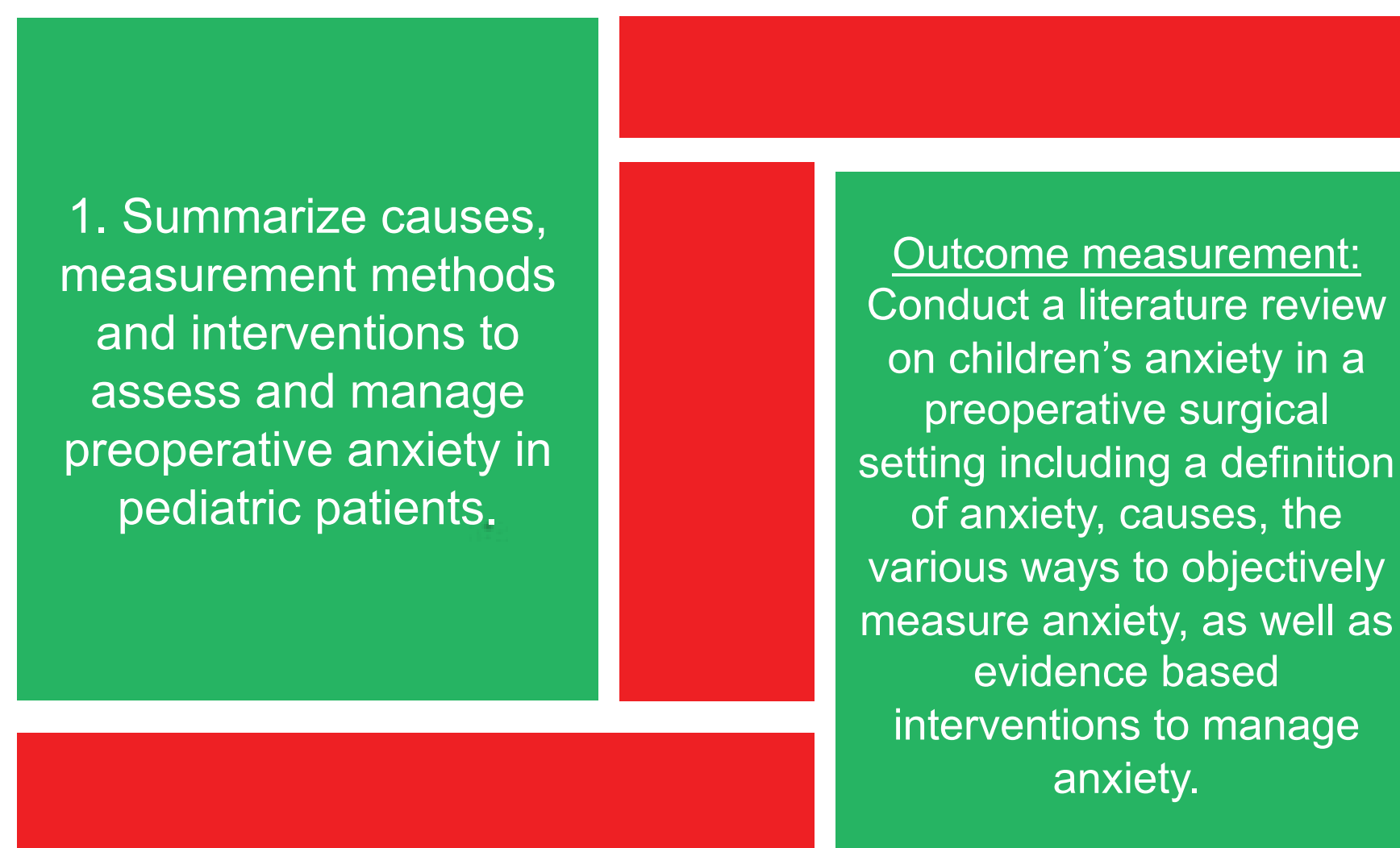
# Assessing and Managing Preoperative Anxiety in Pediatric Patients Undergoing Outpatient Surgical Procedures- A Program Evaluation

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## PURPOSE OF EBP PROJECT

The purpose of this evidence-based practice project was to identify the best evidence for assessing and managing preoperative anxiety in pediatric patients undergoing surgical procedures and to examine CHOA's current care standards for practice incongruities.

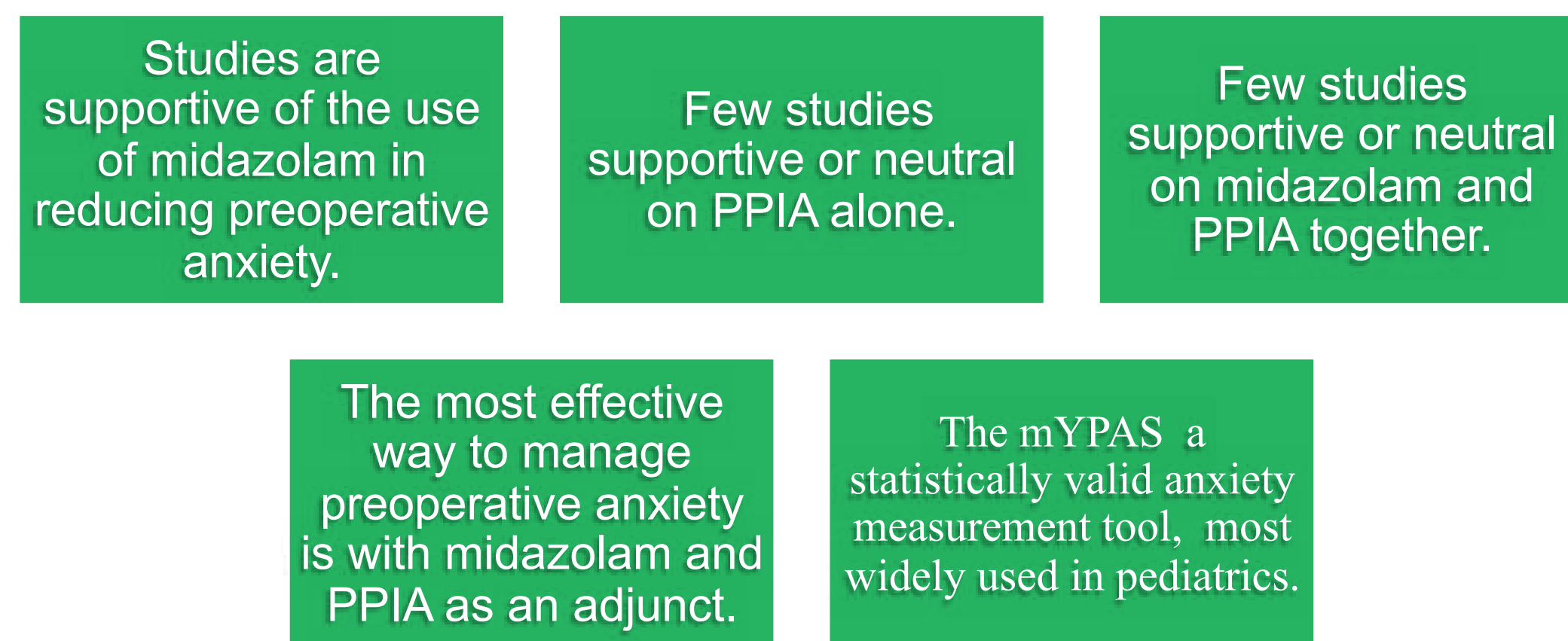
### Specific Aim # 1



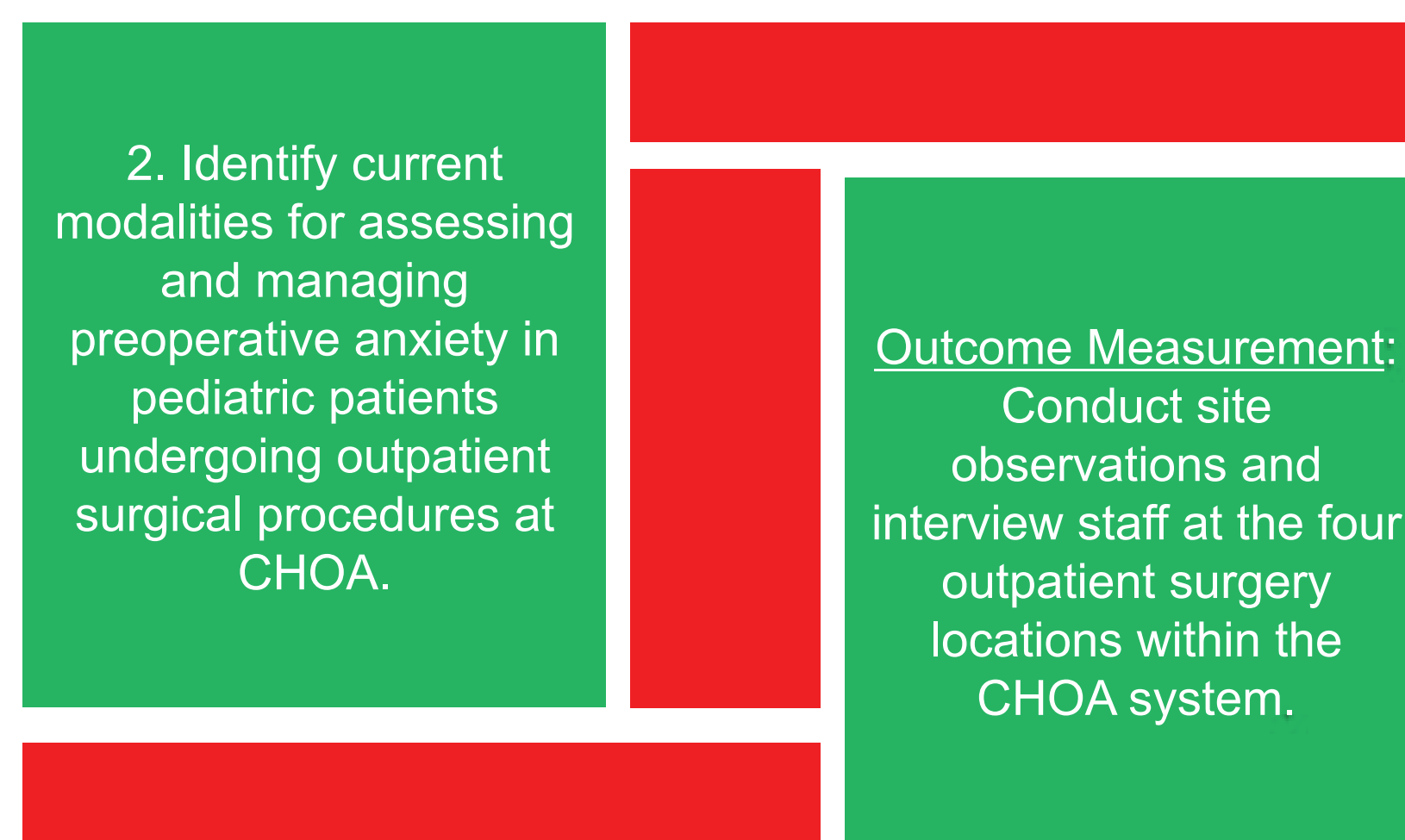
## SEARCH STRATEGY

The literature was searched via PubMed and utilized key search terms such as pediatric preoperative anxiety and pediatric preoperative anxiety assessment yielding 277 articles. Inclusion/exclusion Criteria were established: Midazolam or parental presence at anesthesia induction (PPIA) and anxiety measurement calculation. American Society Anesthesiologists (ASA) physical status classification of 1 or 2 yielded 20 high quality articles for review.

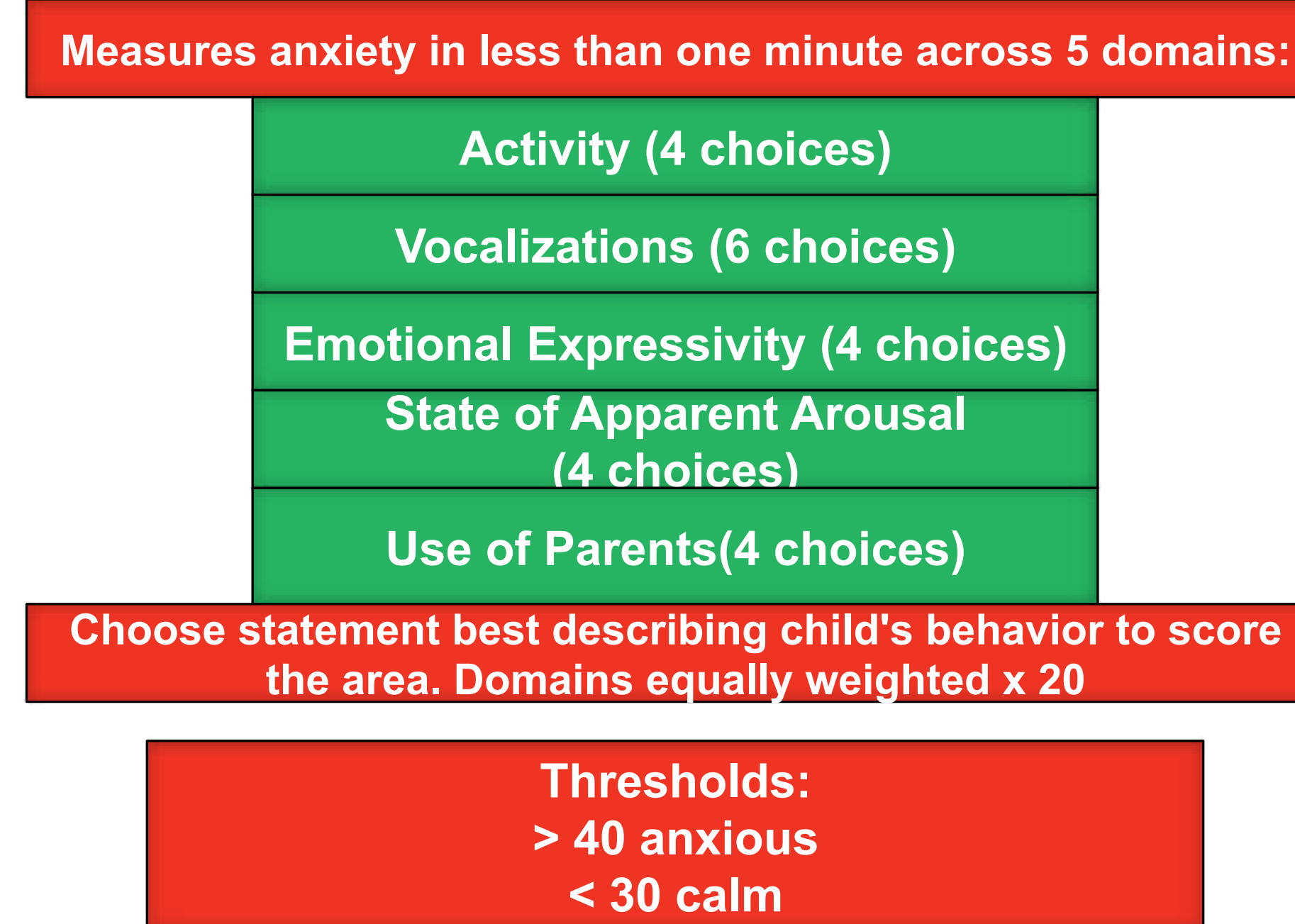
### Summary of Literature Review



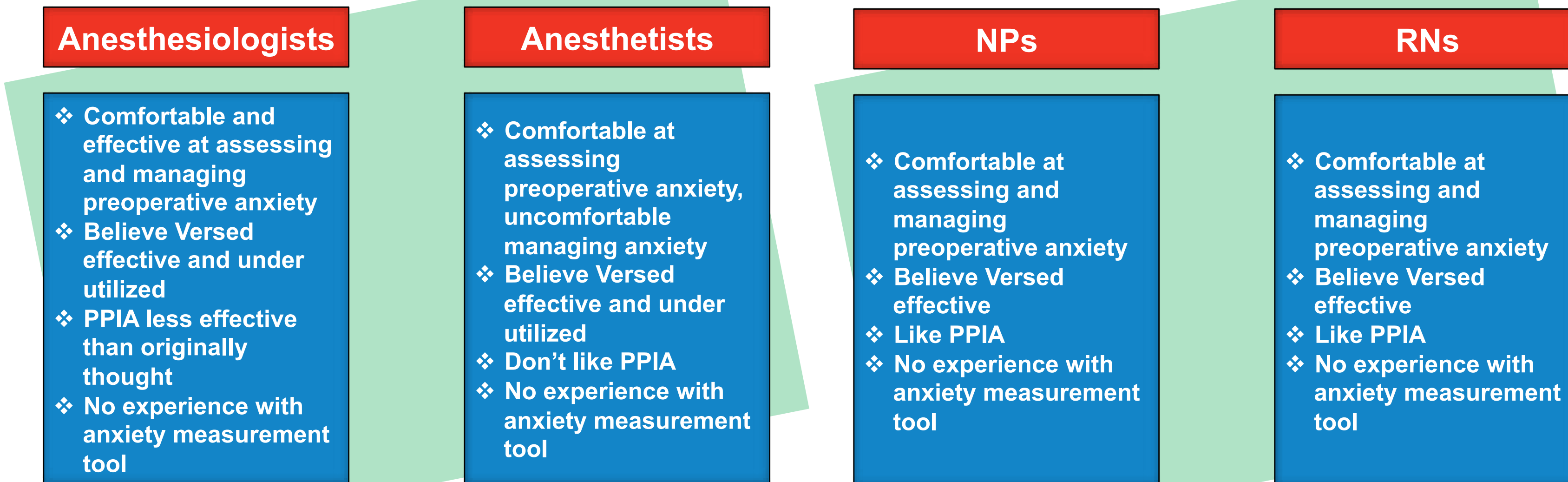
### Specific Aim # 2



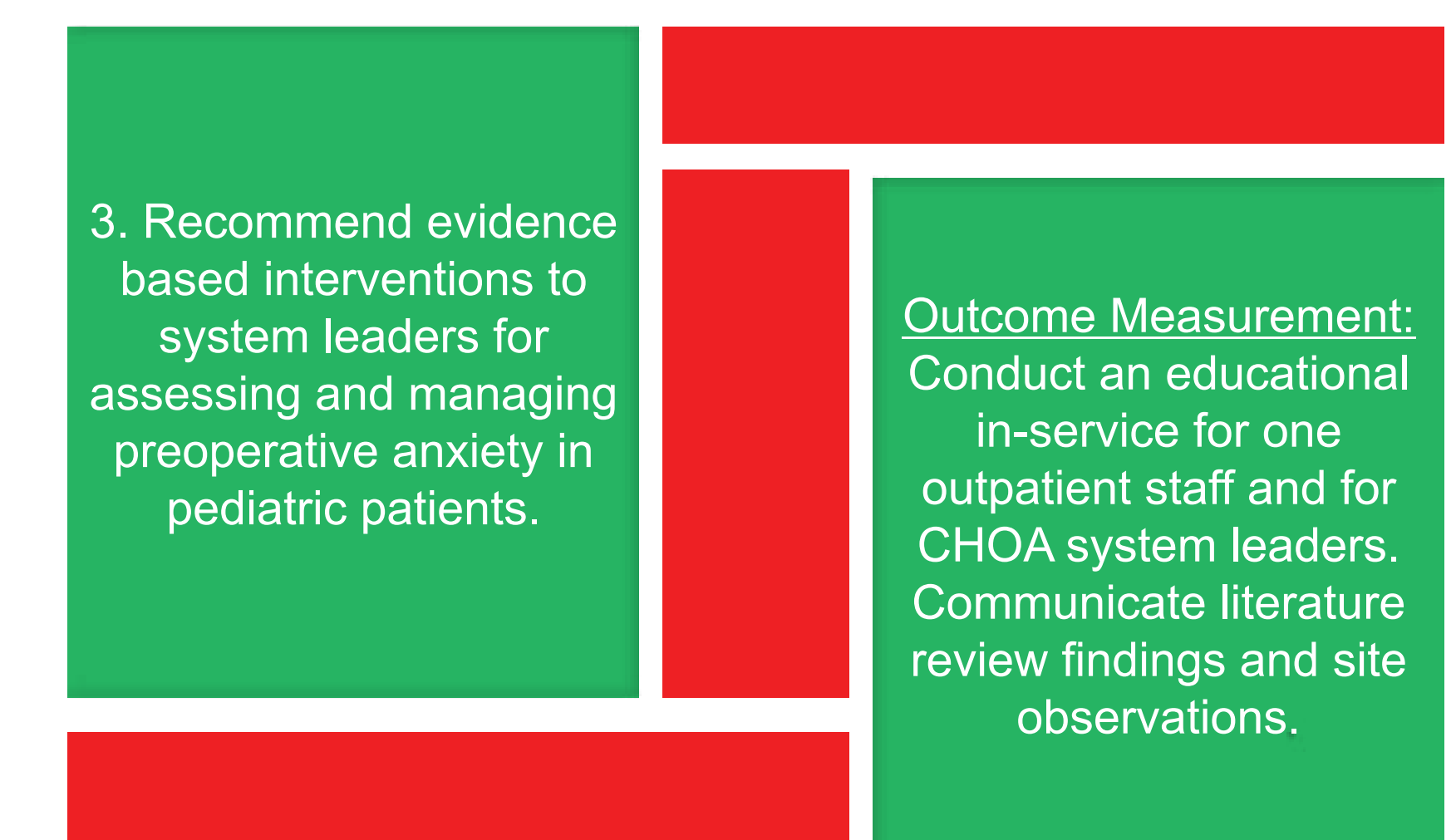
### Modified Yale Preoperative Anxiety Scale



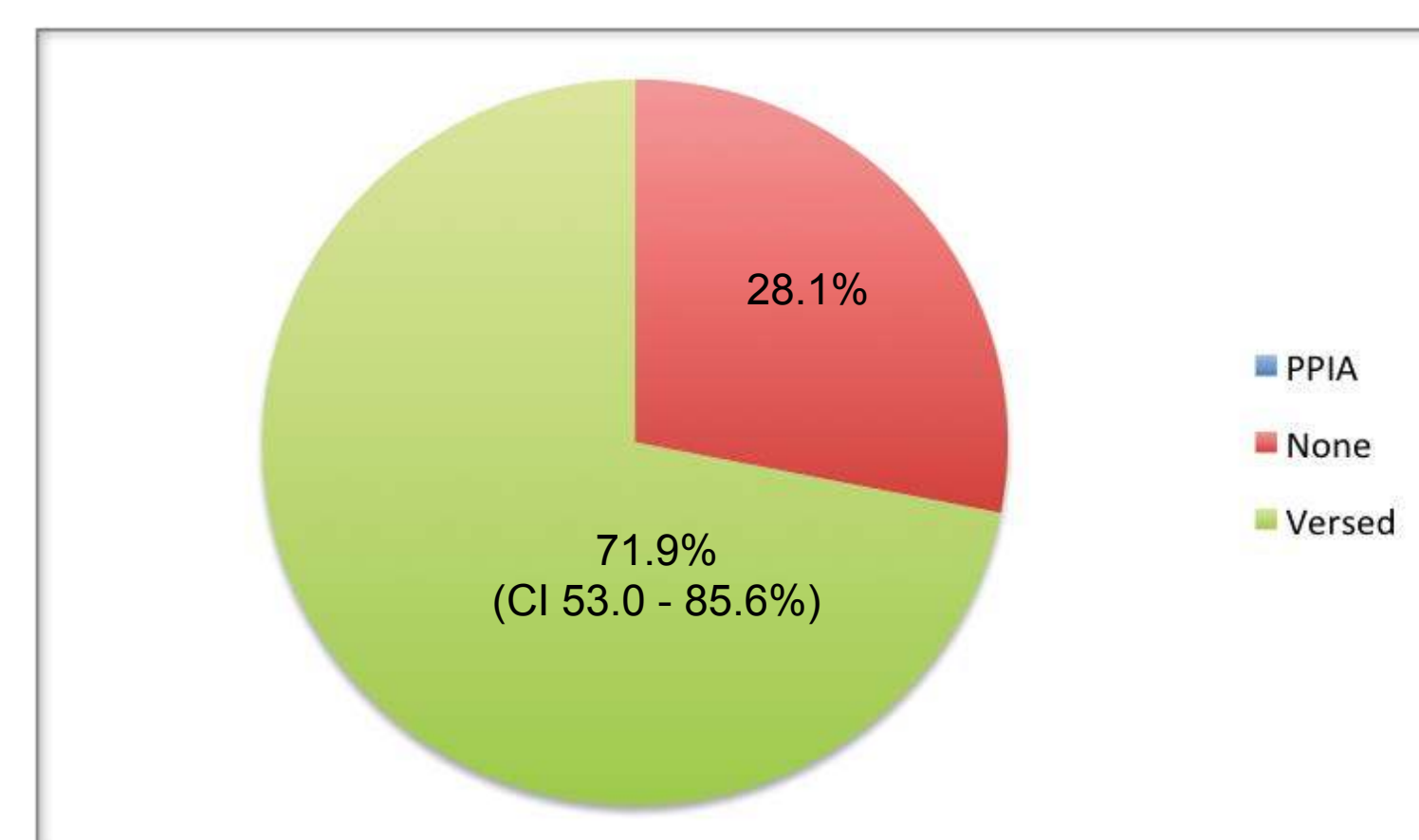
### Identification of Themes



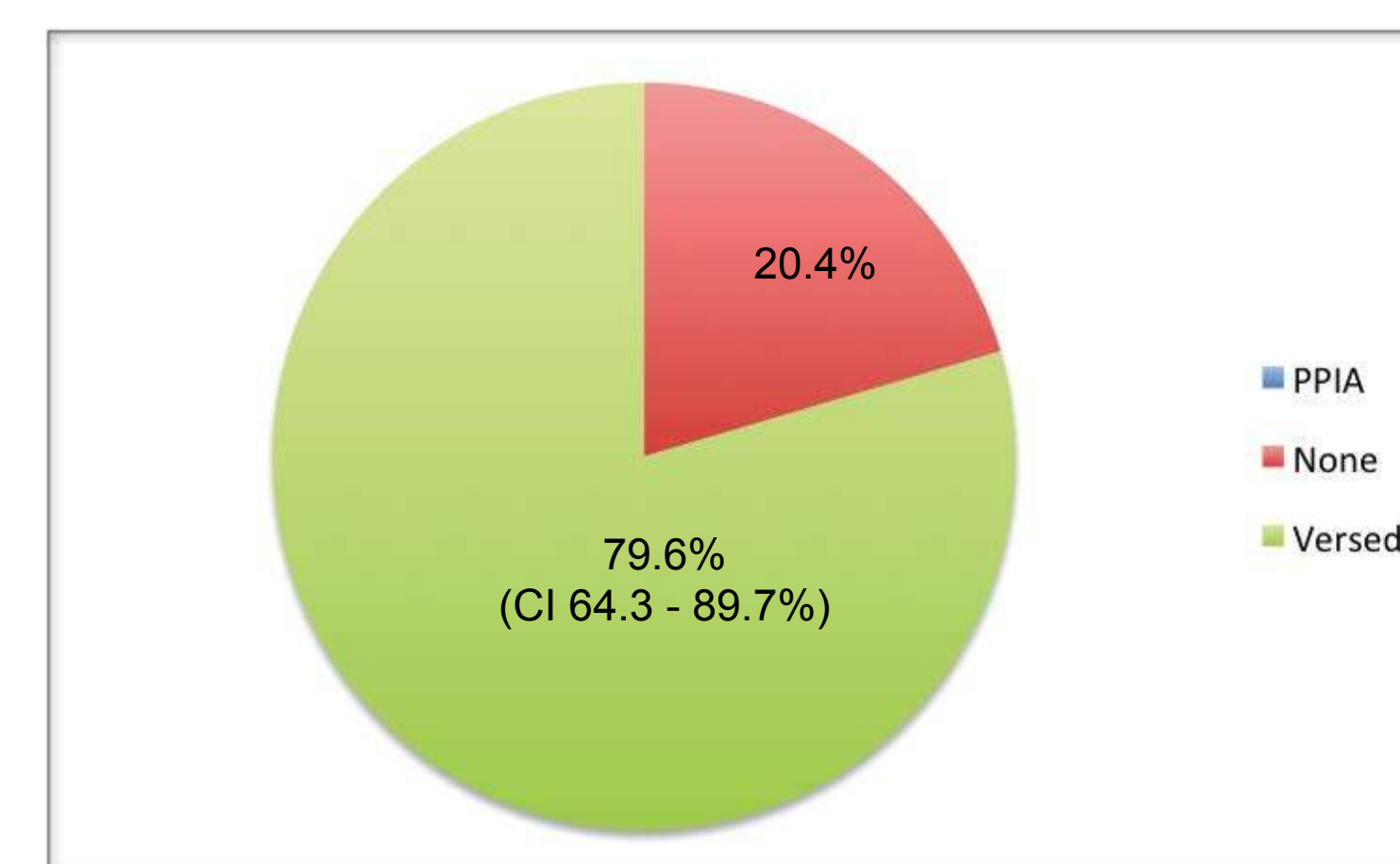
### Specific Aim # 3



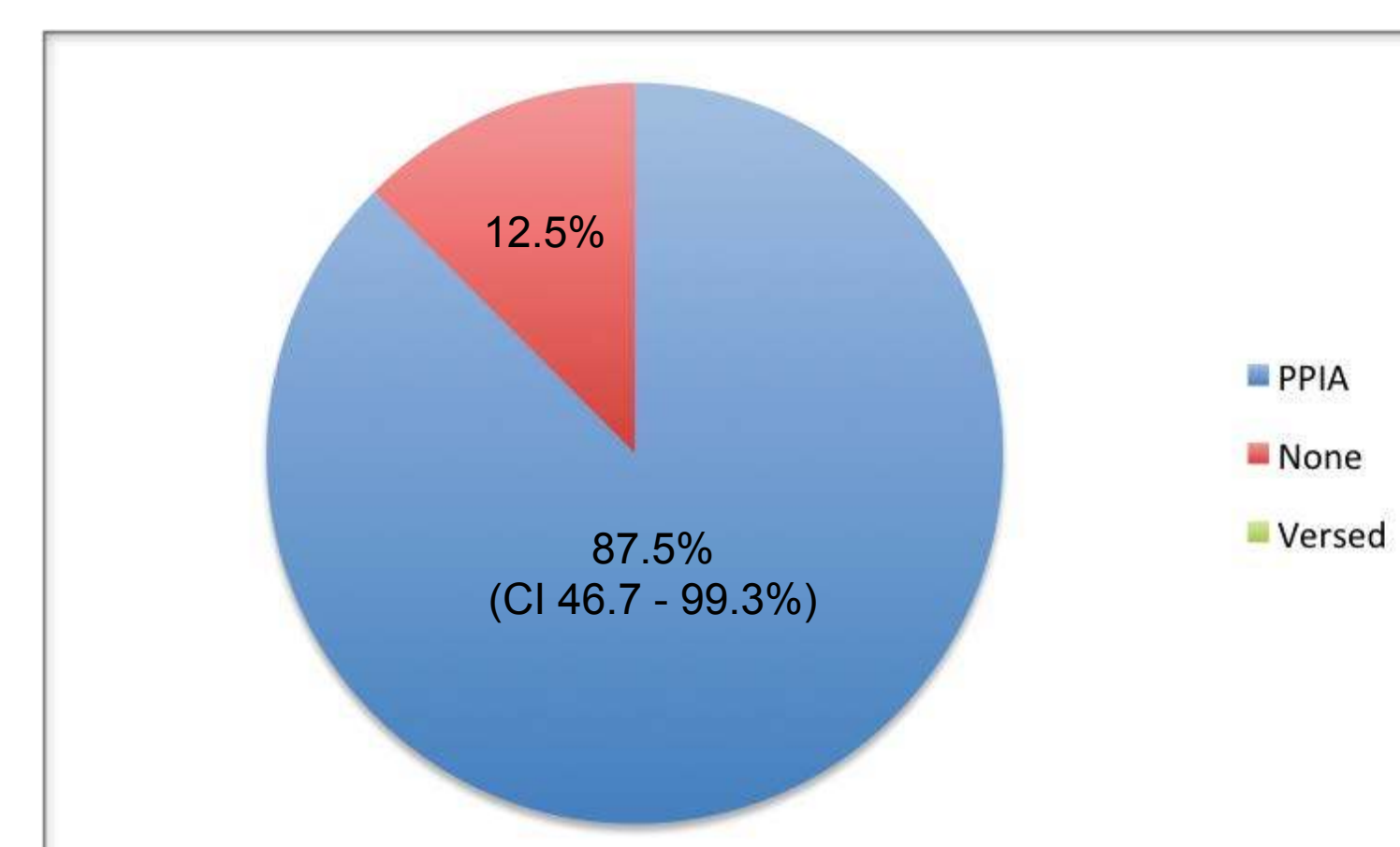
### Results: Anxiety Management Scottish Rite Day Surgery



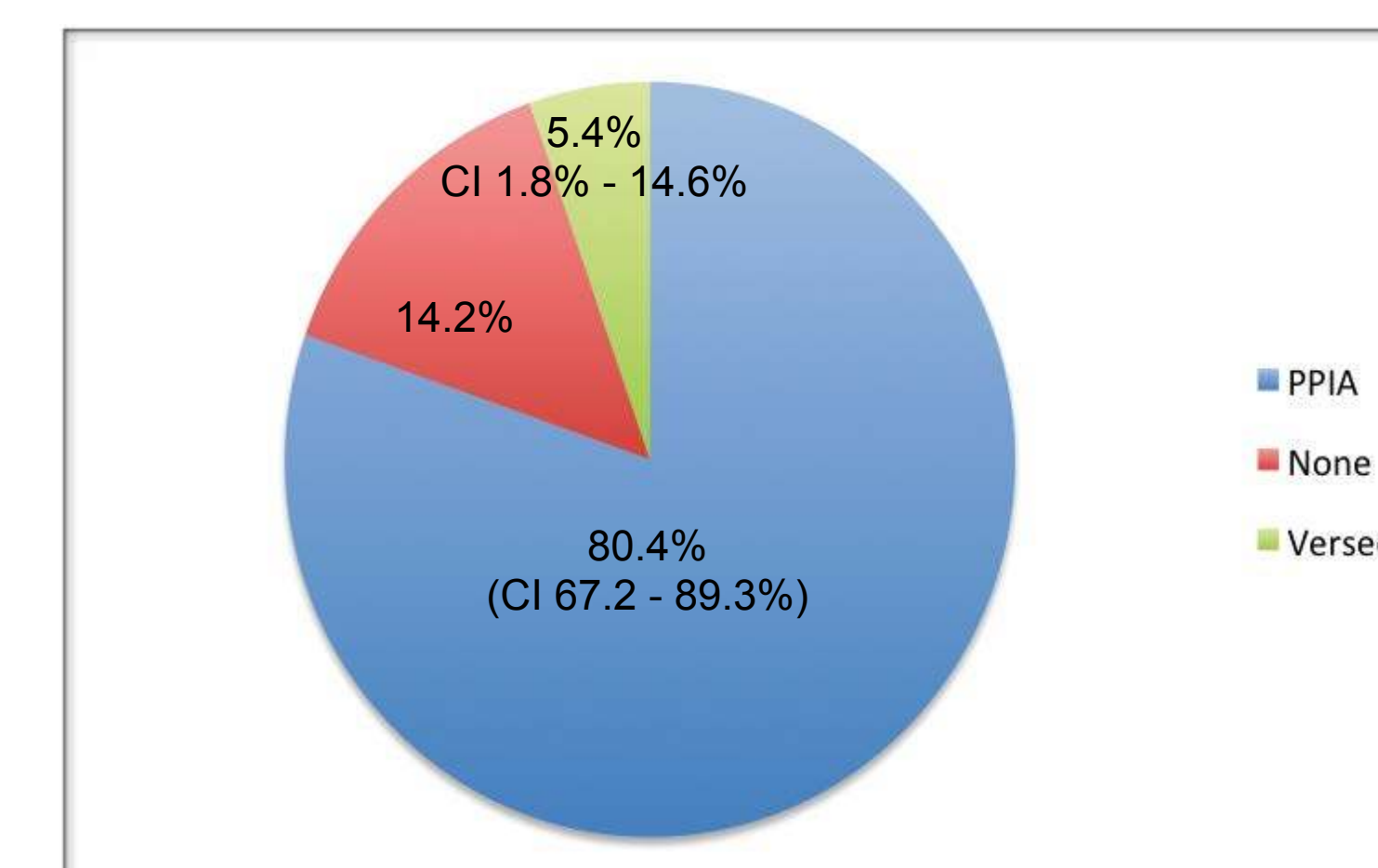
### Results: Anxiety Management Egleston Day Surgery



### Results: Anxiety Management Satellite Boulevard Ambulatory Surgery



### Results: Anxiety Management Meridian Mark Ambulatory Surgery



### Implications for Practice



## ACKNOWLEDGEMENTS

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## CONTACT INFORMATION

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