

Breaking the Cycle: Utilizing Motivational Interviewing to Promote Condom Use and Policy Changes



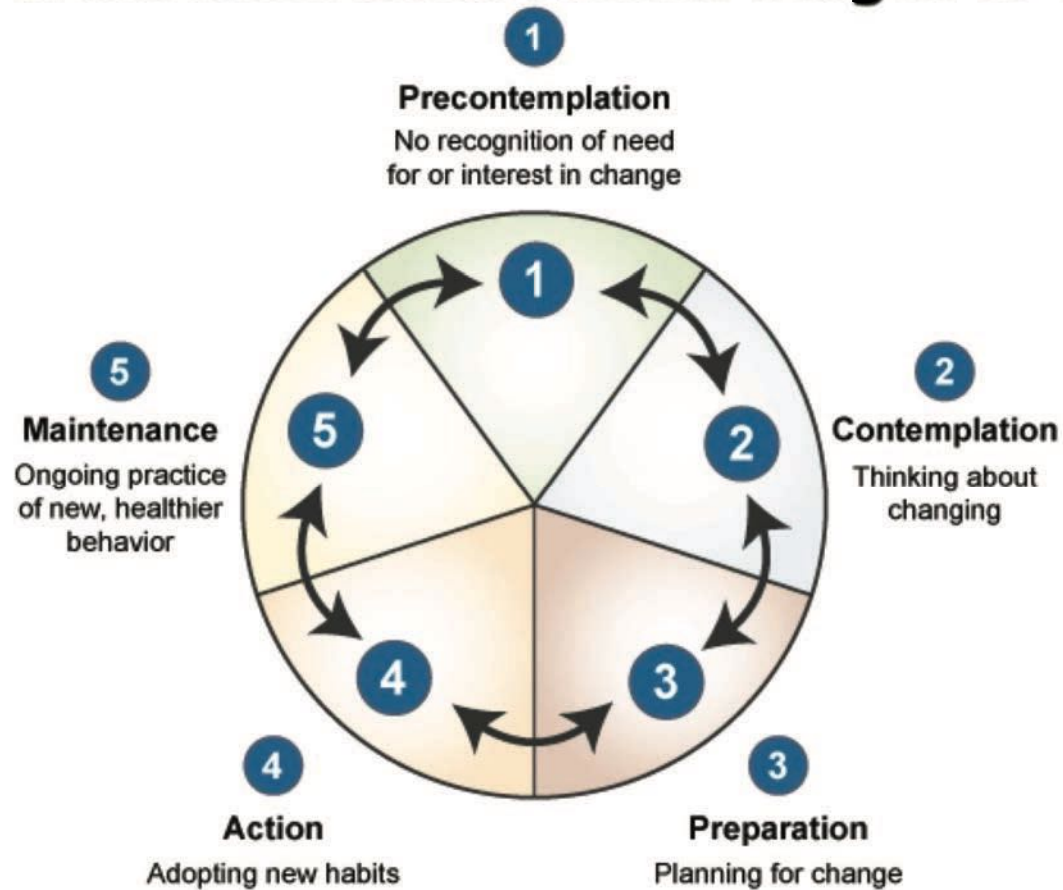
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Background and Significance

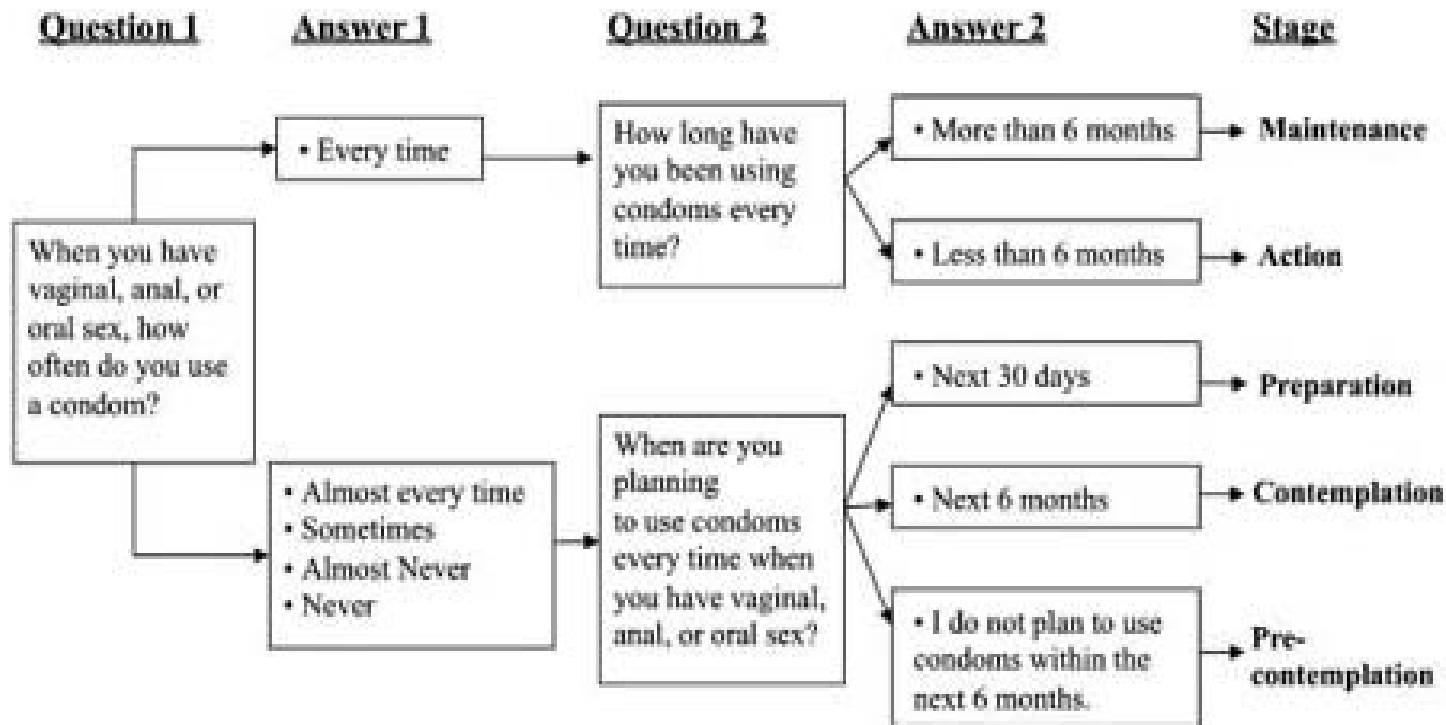
- Increased prevalence of STDs/STIs
- Increased rates of unintended pregnancy
- Lack of education about condom use
- Failure to use condoms



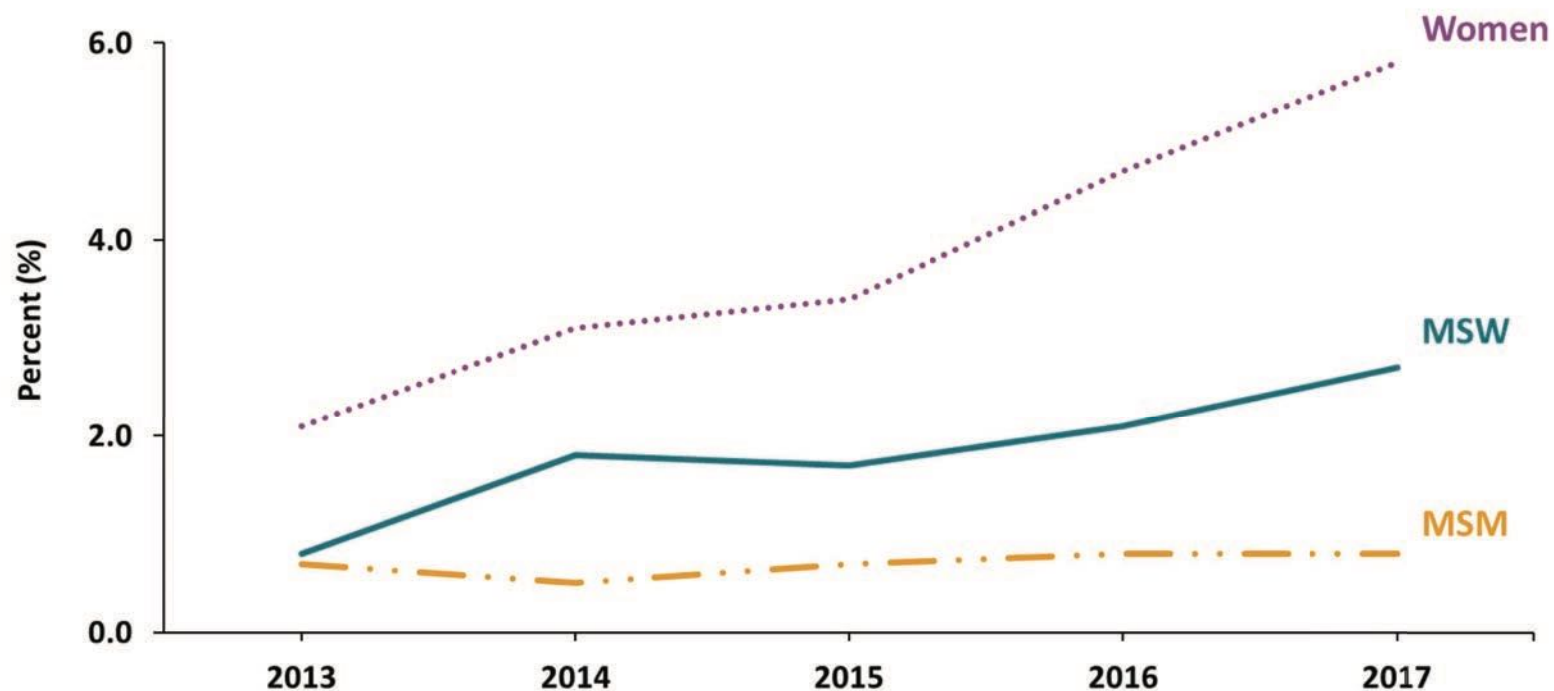
Transtheoretical Model: Stages of Change



Stages of Change Algorithm



Reported Heroin Use* Among Reported Primary and Secondary Syphilis Cases by Sex and Sexual Behavior, United States, 2013–2017



Implications for Clinical Practice

- Counseling techniques
 - Health promotion/ Behavior Modification
- Stages of Change
- Targeted populations/ age groups
- Clinical Practice Guidelines for STD screening
- Organizational Policy Changes
- Updated documentation protocols

References

- Brafford, L. J., & Beck, K. H. (1991). Development and validation of a condom self-efficacy scale for college students. *Journal of American College Health, 39*, 219-225.
- Tung, W., Cook, D. M., & Lu, M. (2011). Sexual behavior, stages of condom use, and self-efficacy among college students in Taiwan. *AIDS Care, 23 (1)*, 113-120.
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- U.S. Department of Health and Human Services . (2017). *Sexually transmitted disease surveillance 2017* [Annual Report]. Retrieved from
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