Multimodal Education Program to Improve Nurses' Knowledge and Confidence on Delirium Recognition in a Surgical-Trauma Intermediate-Care Setting

Min Choi, DNP, RN, AGACNP-BC, CCRN

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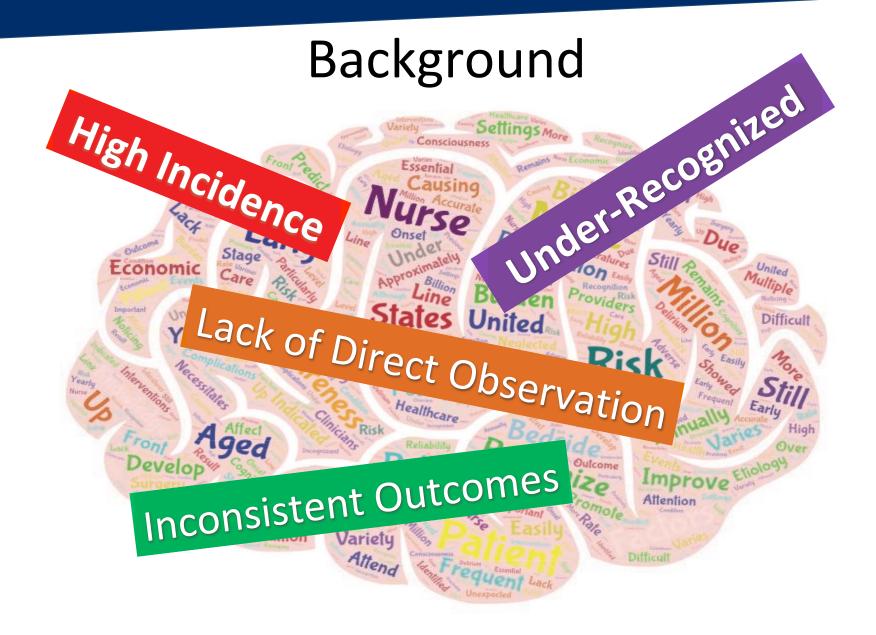
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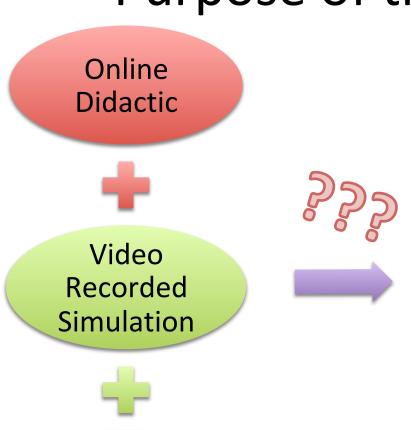
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Purpose of the Study



Improved Nurses'
Knowledge and
Confidence on
Delirium
Recognition

1:1 Bedside Coaching



Methods

Study Design

 Quasi-Experimental Pre and Posttest Design

Study Setting

- Surgical Intermediate-Care Unit at an academic medical center
- East coast of the United States
- Sample: 23
 Bedside
 Nurses

Outcome Measures

- Nurses'
 Delirium
 Knowledge
 Questionnaire
 (NDKQ)
- Confidence Scale (C-Scale)
- Nursing
 Delirium
 Screening
 Scale (Nu-DESC)

Education Program

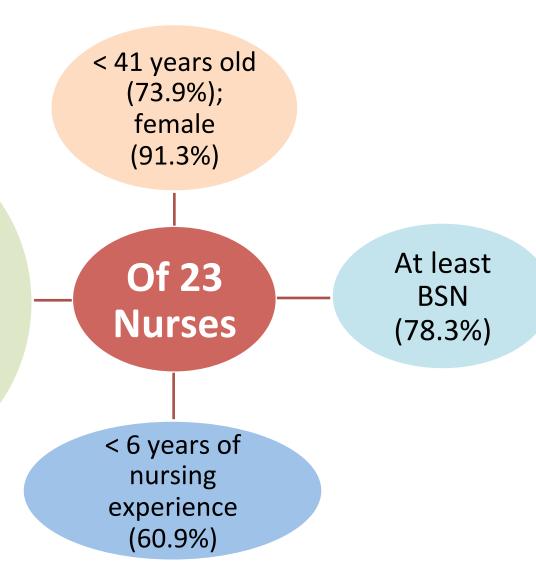
- Pre-Observation
- Online Training Program: Didactic and Video-Recorded Simulation
- 1:1 Bedside Coaching



Results

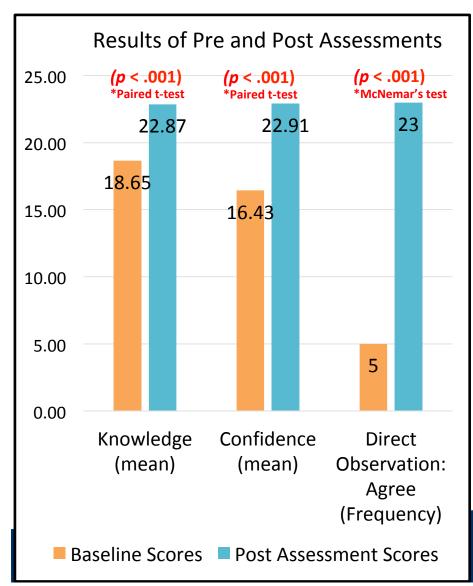
At least one delirium-related education training in the past (69.6%)

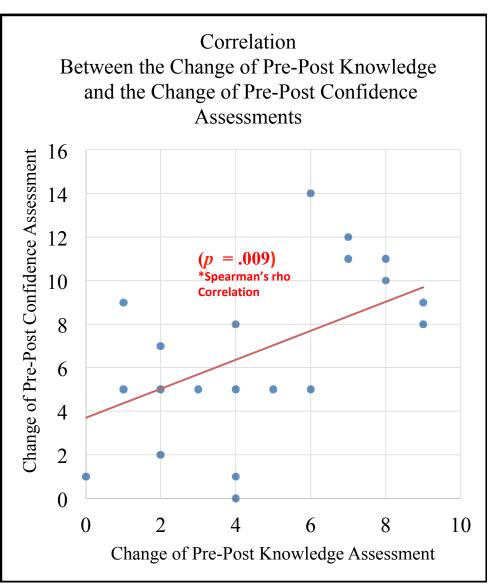
 No prior delirium training at all (30.4%)





Results







Results

Demographic Group Comparison

➤ No significance between changes in knowledge and confidence assessment and demographic

≥ 41 years old

≥ 6 years of nursing experience

BSN and higher education

No prior delirium training

All had higher mean increases in knowledge and confidence assessment



Nursing Practice Implications

Effective Multimodal Education Program Orientation and Continuing Education Program

Prompt Recognition

Recommended for Use in Other Academic Centers

Future Research Warranted



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