

Improving Hospital Throughput: Can the Implementation of Interprofessional Rounds Improve Throughput Efficiency

Rebecca Howdyshell MSN, RN, CNL, DNP Student; Linda Hulton Ph.D., RN; Margaret Bagnardi EdD, MSN, RN, CCRN, CNL

James Madison University School of Nursing



Background

- Improving Communication is needed to provide safe, cost effective, and quality health care
- Poor communication can lead to patient safety concerns, poor patient satisfaction, and inefficient throughput processes
- Inefficient throughput processes lead to delayed discharges and can negatively impact patient safety
- Poor patient throughput can be caused by poor communication and poor and/or no discharge planning within 24 hours of admission
- Interprofessional rounds have been shown to improve communication among health care providers

Problem

- A 255 bed not for profit community hospital in rural Virginia has an issue with inefficient throughput processes
- On the Progressive Care Unit the amount of admissions and discharges peak between 1100 and 2000 causing delays in patient throughput
- The work load on hospital staff has led to a reduction in job satisfaction and feelings of being overwhelmed
- The delays in throughput can lead to poor patient satisfaction scores, possible unsafe conditions, and a higher risk of harm

Objectives

- Increase the average amount of discharge orders entered into computer system between the hours of 0700 and 1300 by ten percent.
- Decrease the average length of time between discharge order entry and actual discharge out of the hospital by ten percent.

Figure 1. PCU Admission and Discharge Times for 2016 700 600 500 400 200 0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 Admissions — Discharges



Preliminary Results





Intervention

- Interprofessional Rounds are held Monday-Friday at 11am at the Nurse's Station on PCU
- · Rounds are Case Management led
- Rounds are attended by the Hospitalists, Case Managers, Pharmacy, and the Charge Nurse of PCU
- All patients admitted under a hospitalist care are discussed in rounds; discussion limited to discharge plans and needs of the patient
- Goal length of Interprofessional Rounds is 20 minutes

Measures

- Retrospective chart review was used to gather data to evaluate effectiveness of Interprofessional Rounds
- Sample included all patients with an inpatient status admitted by the hospitalist group discharged home
- Data was collected from June 30, 2017 and ended June 30, 2018
- Data collected included:
- oTime Physician entered discharge order into computer system
- $\circ \text{Elapsed}$ time between discharge order entry and patient discharged off the unit
- oDemographic data including: age, gender, diagnosis, and total number of admissions with inpatient status

Implications

- Data collection still in process
- Run charts and descriptive statistics will be used to analyze data collected
- Interprofessional rounds have increased communication and collaboration among professions on PCU
- Preliminary results show an earlier average discharge order entry. Further research will be required to investigate other issues with throughput efficiency

Project Time Line





PDSA 2: Redesign of documentation template



PDSA 3: Change location of



PDSA 4: Stopped using documentation template, case manager documents and flows to nursing status



PDSA 5: Set goal time lim to 30 min., stopped givin Doctors "heads up" page



PDSA 6: removal of set timfor Doctors, encourage nurparticipation, doctors to giv quick 2 sentence summary April/May 2018-present