

*BEING THE HEALTHIEST COMPANY
ON THE PLANET:*

THE VALUE OF A MULTIDISCIPLINARY WORKPLACE CLINIC



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BARRIERS TO CARE



Cost



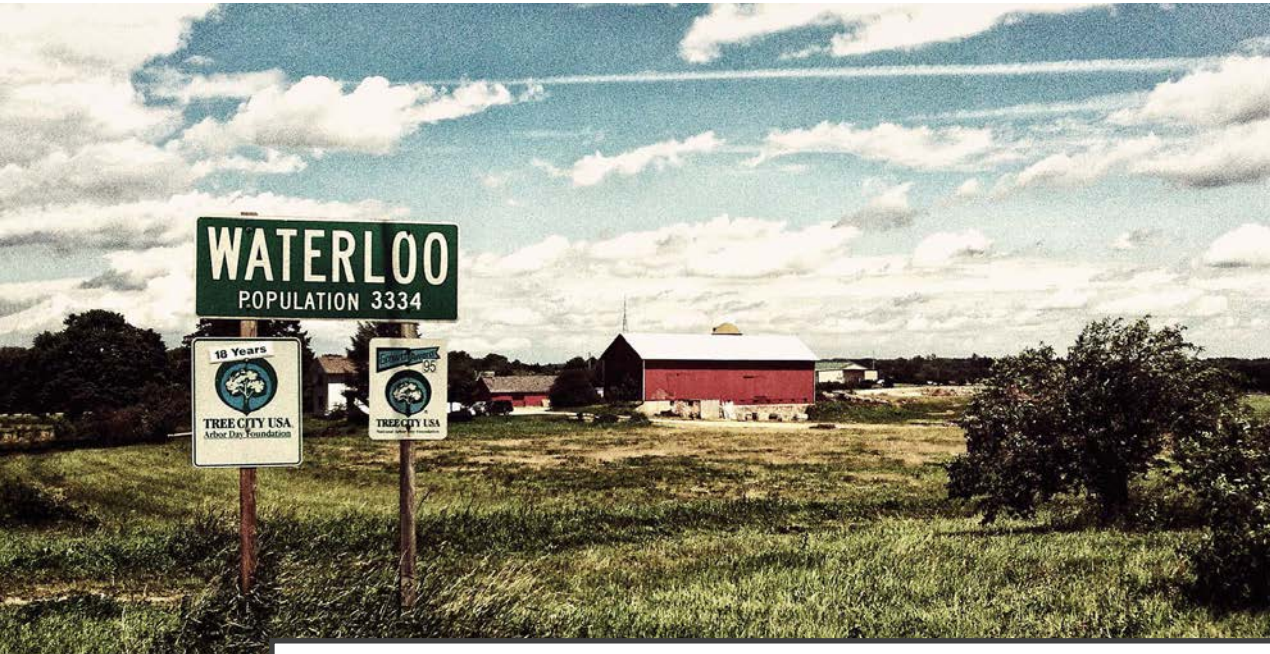
Time



Transportation



Providers

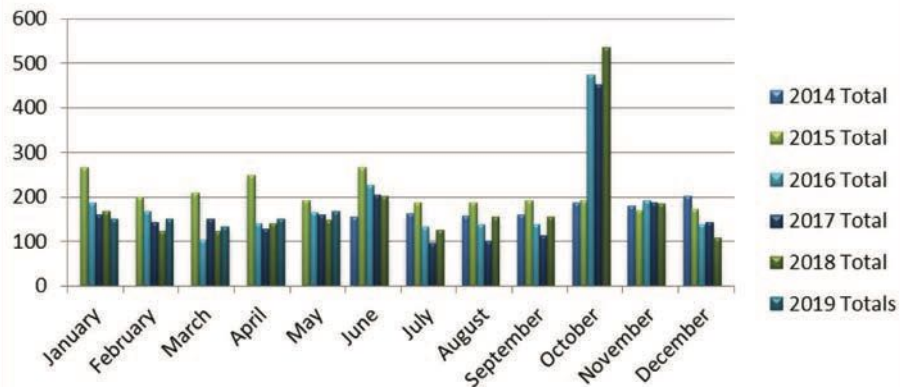


TREK BICYCLE CORPORATION'S INTEGRATIVE HEALTH CENTER

The Healthiest Company on the Planet

INTEGRATIVE HEALTH CENTER SERVICES

**Integrative Health Center
Total Visits 2014-19**



Providers available at no cost:

- Family Nurse Practitioner
- Athletic Trainer
- Registered Dietician
- Psychotherapist

Services at no cost:

Office visits:

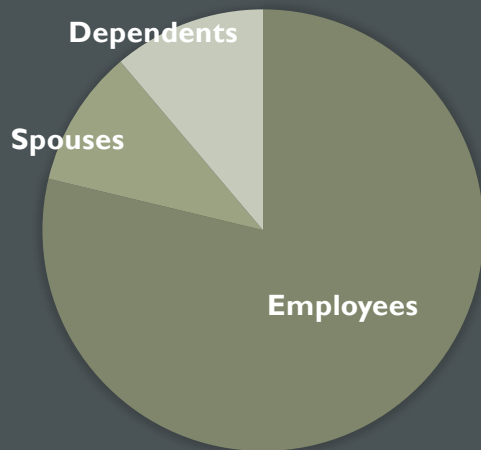
- Primary care, chronic disease, urgent
- Pre-travel planning
- Skin lesion removals
- Laceration repair
- Allergy injections
- Lab work
- Vaccinations
- Electrocardiograms
- Pulmonary Function Testing

Copay or fee-based services:

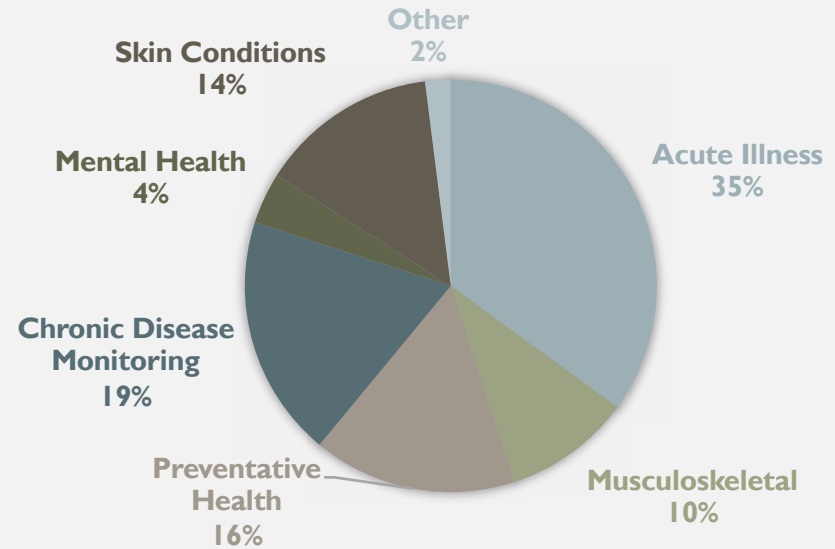
- Chiropractor
- Acupuncturist
- Massage Therapist
- Medication Dispensing

INTEGRATIVE HEALTH CENTER

PATIENTS SEEN IN 2018



REASON FOR VISIT 2018



Most frequently utilized services of the Family Nurse Practitioner:

- Acute illness or injury
- Chronic disease management
- Preventative health.

BENEFITS OF INTEGRATIVE HEALTH CENTER

Cost Savings

- Trek saved over \$200,000 average net annual savings in cost of care for services provided on-site
- Health Insurance premiums have not increased in price in 4 years
- Less employee time missed

Health of Employees

- Improved chronic disease management
- Timely management of acute issues
- Ability to follow patients closely
- Early intervention for health risks
- Access to integrative care



SIMILAR
MODELS

2017 Survey of U.S. Medical Workplace Clinics:

- 33% of companies with 5,000+ employees had a work place clinic
- 16% of companies with 500-4,999 employees had a work place clinic
- 68% of these staffed by a Nurse Practitioner
- 18% offered mental health services

(Mercer, 2018)

BENEFITS OF WORK PLACE CLINICS IN THE LITERATURE

Cost Savings:

- Work place visits 42% the cost of community visits (Turner, 2010)
- Saving \$1.00 for every \$0.15 spent in workplace clinic (Turner, 2010)
- Saving \$6.69 for every \$1.00 spent on care in the workplace clinic (Fox & McCorkle, 2018)
- Saving \$2.23 in saved sick time per \$1.00 spent on care in workplace clinic (Baicker, Cutler & Song, 2010)

Time Savings:

- Average of approx. 3 more productive on the job hours for workplace visits
(Shahly, Kessler & Duncan, 2014)

Employee Satisfaction:

- 95% of employees would recommend their workplace clinic to coworkers
- 96% of employees would return to the workplace clinic

(Conover et al, 2015)

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