

Developing Strategies for Sustained Change Based on Strengths

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The purpose is to inform the audience about strengths-based DNP curriculum to prepare DNP leaders to sustain change in practice. The goal is to frame DNP practice from a strengths-based paradigm.

By the end of the presentation, the participant will be able to:

- Discuss the strengths-based paradigm
- Identify educational strategies to prepare the DNP leader to sustain change
- Reflect on application to clinical practice when approaching change from a strengths-based paradigm



Leadership Strategies

- *Leadership competencies are an essential component to the DNP program
- *DNP students develop leadership competencies as part of their program and project
- *Clifton StrengthsFinder 2.0 is a useful tool to assess and develop these competencies
- *This helps prepare DNP leaders for sustained change in practice



Strategies

- *Identification of strengths
- *Leadership development plan
- *Reflection/journaling
- *Continual development and reflection of leadership strengths, qualities, and the process

Evaluation

- *Assess at the onset and conclusion of the program
- *Review at the onset and conclusion of each semester
- *Qualitative analysis of reflective elements

Results

- *Self-awareness
- *Empowerment
- *Sustained change
- *Transformative process in healthcare

StrengthsFinder 2.0



Leadership Development Plan



Reference:

Rath, T. (2007). *StrengthsFinder 2.0*. New York: Gallup Press.