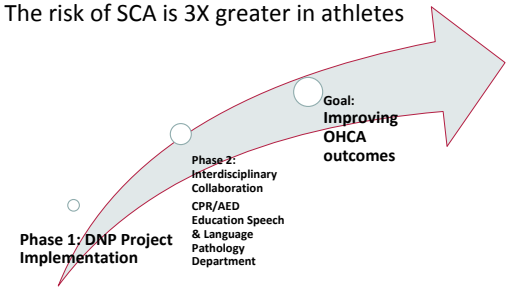
Expanding the Campus-Wide Sudden Cardiac Arrest Safety Net: DNP Project Sustainability With Interdisciplinary Collaboration

Mary McCormack, DNP, FNP-C
The Barbara H. Hagan School of Nursing

BACKGROUND/SIGNIFICANCE

- Nationally, approximately 326,000 episodes of out of hospital cardiac arrest (OHCA) occur annually
- < 6% of victims of OHCA survive to hospital discharge
- Rates of bystander CPR and automatic external defibrillator (AED) training have been reported at less than 3% annually in the United States
- The risk of SCA is 3X greater in athletes



PROBLEM STATEMENT

Relevance:

•Speech & language pathology (SLP) students/faculty work with patients at risk for Sudden Cardiac Arrest (SCA)

•SCA costs the U.S. healthcare system $33 billion dollars annually

Question:

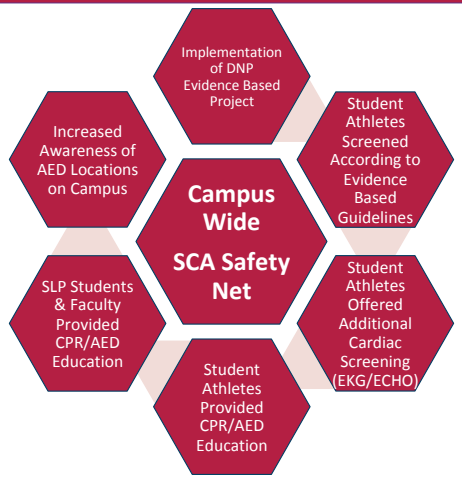
What is the knowledge level of SLP students and faculty in CPR/AED use?

Will there be a change in the knowledge level of SLP students and faculty in CPR/AED use after completion of the American Heart Association's (AHA) CPR in Schools Program©?

ROL/EVIDENCE

- Provision of bystander CPR for SCA in the community has been noted to increase survival rates two to three fold
- 75% of the population in Kings Co., WA has received CPR training and reports the highest nation-wide survival rate from SCA due to ventricular fibrillation at 62%
- Most important factor affecting survival is early defibrillation
- Survival and future neurologic status post SCA are directly dependent upon how quickly the victim receives emergency medical treatment

DNP PROJECT SUSTAINABILITY



METHODS

- Interventional Pre/Post test design
- Implementation of American Heart Association CPR in Schools Program©
- Setting: Liberal Arts College, Nassau Co., NY
- Multiple Sessions
- Convenience sample (*n* = 86)
  - •Age (*M* = *24*), 96.5% Female
  - •Undergraduate 15%, Graduate 77%, Faculty 8%

RESULTS/FUTURE PLANS

- There was a significant difference in the mean scores for the pre test (*M = 2.95*, *SD = 1.59*) and post test (*M* = 6.84, *SD = 0.40*), p < 0.005
- Participants reported an 80% increase in comfort level performing Hands Only CPR if they witnessed an OHCA on the post test.
- These results support that implementation of the AHA CPR in Schools Program improves knowledge level of CPR and AED use in this group of SLP students and faculty

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