### The DNP-Prepared Nurse and Health Policy: A Formula for Change

Katherine J. Moran DNP, RN, CDE, FAADE Rosanne Burson DNP, ACNS-BC, CDE, FAADE Lisa Zajac DNP, RN, ANP-BC, OCN Grace Jacek DNP, RN, FNP-BC







#### Objectives

By the end of this presentation the participant will be able to:

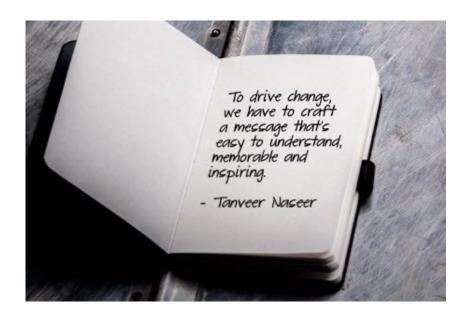
- Identify how DNP programs can thread policy competencies throughout the curriculum to provide nurses with the skills and confidence to engage in policy initiatives.
- Distinguish how DNP-prepared nurses use advanced skills/competencies in a variety of roles and arenas to influence change.
- Compare and contrast examples of collaborative efforts that have made an impact on individuals, organizations, and populations.

Knowledge and Skills of DNP-Prepared Nurses

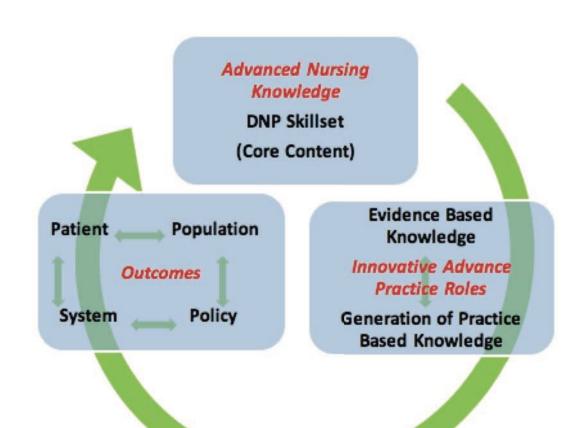


### Leading Initiatives to Drive Change

• Expertise is needed to systematically analyze, evaluate, and influence factors that impact access to care, cost of care, health behaviors, and ultimately outcomes of care.



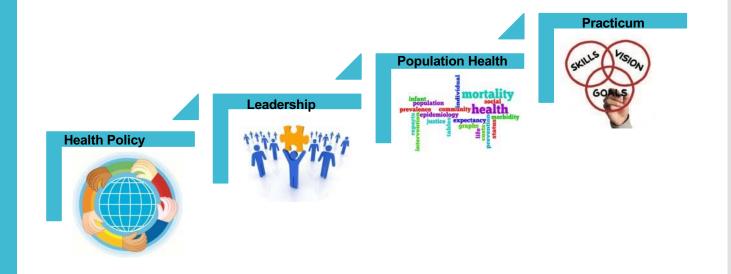
DNP Actualized Model



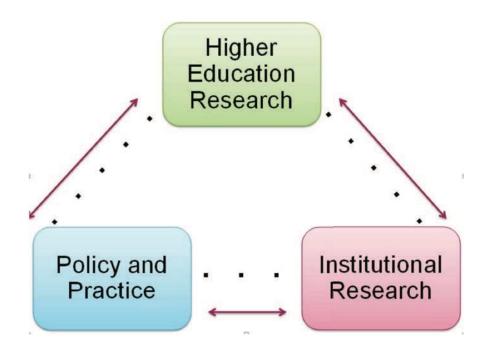
Advanced Nursing Knowledge (Core Content)



Interweaving
Policy
Throughout
the Curriculum



Evidence
Based
Knowledge
(Innovative
Advance
Practice Roles)

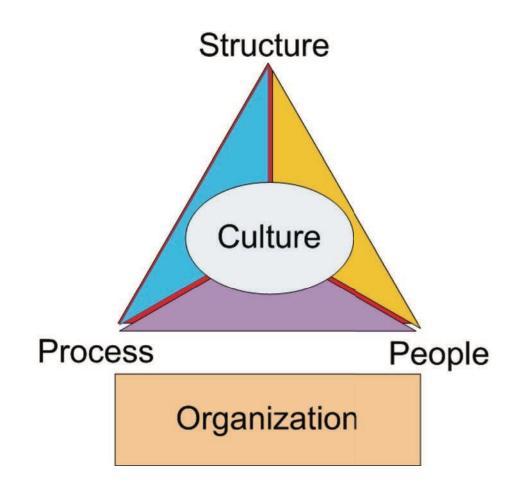


**Outcomes** 





Student Outcomes – Micro Level



Student Outcomes – Meso Level

### Population Health





Lisa Zajac

Student Outcomes – Meso Level DNP Policy Course Discussion Board - February 2014

- Faculty: "How could DNP prepared nurses contribute to policy initiatives in a meaningful way."
- L. Zajac: 'We won't know until we go into the city and see which of our skills are needed. When we accompany those in Detroit, whether those who started the initiative or those who may benefit from it, I believe we will find our answer to this question, and the meaningfulness of what we can offer will most likely be something we may never thought of and it will surprise us.'



### Assessment of the City of Detroit -Population Health Metrics

- Population Health Metrics:
  - High rates of hypertension, diabetes, asthma and crime
  - Low literacy rates
  - Approximately 1/3 of residents lived below the poverty level



# The Voice of the Community and the City of Detroit Lighting Plan

- "Conversations with the Councilwoman"
- City Lighting Plan Removing current street lights;
   convert to the electrical company's service.
  - Replacement plan:
    - Streets <300 feet: One light on each end</li>
    - Streets 300-700 feet: One on each and mid block
    - Streets >700 feet: One each end and 2-3 mid block
- Problems with Plan:
  - Only addressed street lighting, not alley lighting
  - Did not take into account blighted areas when placing lights



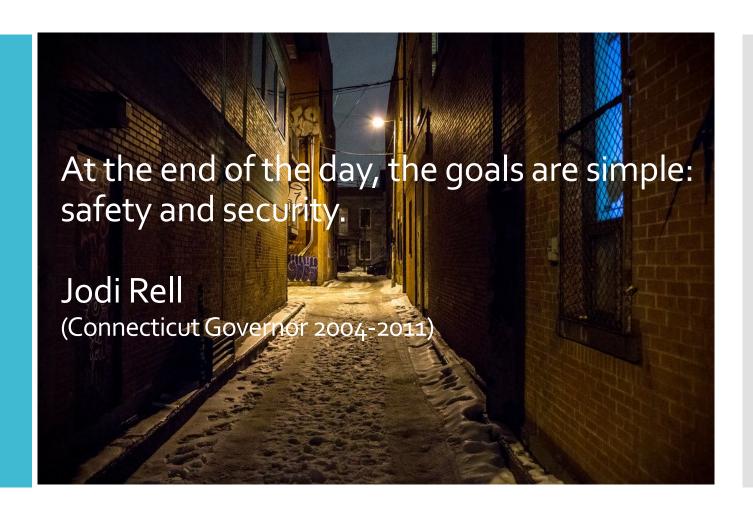
### Partnering with a Politician

- District 5 Councilwoman Mary Sheffield
  - Graduate of Wayne State University
- 2013 Youngest person elected to Detroit City Council (Age 26)
- Currently serving a second term in office





Adopt an Alley Campaign







Beyond the DNP Program...

- Current role as Corporate Director of Clinical Informatics at McLaren Health Care
  - Designing and implementing an integrated electronic health record across 14 hospitals and their respective ambulatory care centers

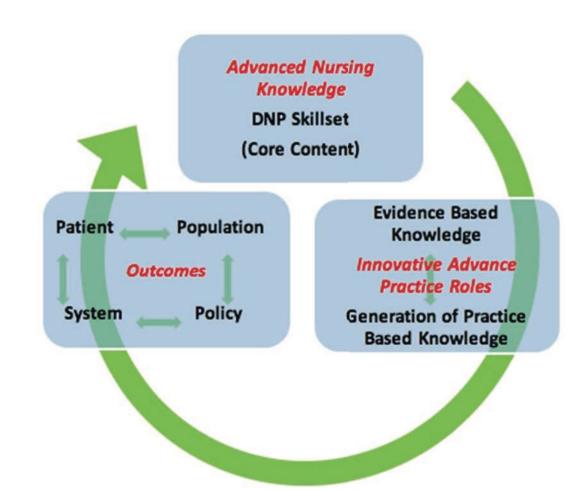


## Utilizing the DNP Essentials to Drive Clinical Policy and Practice

- Designing an electronic health record to support the delivery and documentation of high quality care
- Standardization of clinical care practices throughout organization
- Development of documentation guidelines
- Development of clinical policies



Incorporation of the DNP Actualized Model in Health Care





### Student Outcomes – Macro Level

### OTHER VOICES: It's time to give nurse practitioners full practice authority

TWEET

**f** SHARE

in SHARE

☑ EMAIL



Bret Jackson

One of the largest barriers to economic growth is the cost of health care. Between 2008 and 2013, the median average family insurance premium rose 34.6 percent, placing additional financial burdens on employers who offer insurance benefits. Nationally, health care spending has increased to 17 percent of the gross domestic product.

A way to create health care cost savings in Michigan is by allowing nurse practitioners full practice authority. At least 20 studies from other states demonstrate the cost-effectiveness of nurse practitioners who are able to practice to the fullest extent of their education, training and national certification.

Grace Jacek

Student Outcomes – Macro Level



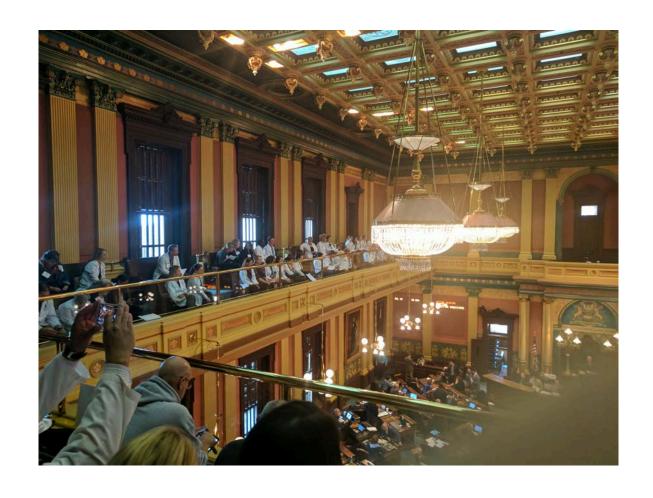
Create Opportunities for Policy Immersion

Build Skills and Confidence to Engage in Policy Initiatives



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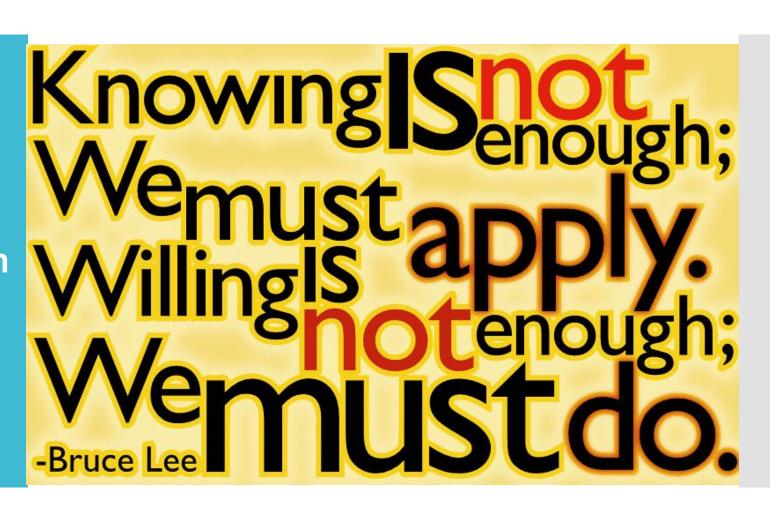
Build Skills and Confidence to Engage in Policy Initiatives

Strategic Plan to Influence Change and Policy Development at an Organizational Level





A Call to Action



### Action Plan— Next Steps

- Consider how to address disparities in health or health care delivery in an organization (micro level), community (meso level), or beyond (macro level).
- Determine which method to use to engage in the advocacy process (meet with a legislator, write a letter to the editor, write a policy brief, or perform a policy analysis).
- Do your homework (gather the evidence)
- Analyze the evidence
- Engage stakeholders advocate to address disparities and urge politicians to change the system (Moran, Burson & Conrad, 2020).

Do you have doubts about how much of a difference you can make?



Primary
Care
Prevention

Transform
Systems to
Improve Care

Compassion Care

Quality Improvement

Analyze Costs, Quality & Access Issues

**Opportunities** 



Engage Stakeholders

ONE WAY

Assess Aggregates at Risk



Advocacy

**Interpret Data Relevance to Practice and Populations** 

Lead Inter-professional Collaboration Efforts

### The Role of the DNP in Healthcare Reform

- IOM recognizes nurses as valuable players
- Nurses must see policy as something we shape
  - Lead and manage collaborative efforts with other health care practitioners to improve health care



History reminds us repeatedly that all people have civic responsibilities. The consequences of not acting are potentially devastating.



Those who are most vulnerable in society need our assistance...

"No one can effectively fight for justice alone." ~Rosa Parks



"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed it is the only thing that ever has."

M. Meade





**Questions??** 



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