## Development of a Collaborative Surveillance Care Delivery System for Early Stage Colon Cancer Patients

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# Background

Early stage post-surgical colon cancer patients

- Colorectal CA: the second leading cause of CA death<sup>1,</sup>
- Survival rate: stage I 92%, stage IV 11%<sup>2</sup>
- Less than 50% of colorectal CAs are diagnosed at an early stage<sup>2</sup>
- **30%** experience recurrent disease<sup>3</sup>
- CA surveillance is key for early detection and optimal disease outcome<sup>1,3,4</sup>
- **Surgeons** Responsible or risked pts being unmonitored
  - Practice varied
  - Expect more surgeons' time would be required

### Patients

- ts Risked not receiving CA surveillance
  - Risked receiving fragmented care 2

### Purpose

#### To develop a surgery-primary care collaborative surveillance system where PCPs lead CA surveillance

### Aims

To develop a successful collaborative pathway To analyze revenue gain or loss associated with this system change



## **Results** Demographics

Comparison of demographics between the study sample and all early stage colon cancer patients who had resections by any surgeon at our center in 2009-2014

Demographics	Study sample N=15	Total patients 09-14 N=314	<i>p</i> -value
Mean age (range)	68.9 (46-90)	63.2 (25-93)	0.126 <sup>ª</sup>
[SD]	[SD 13.7]	[SD 13.9]	
Staging	Stage 0: 1 (6.7%)	Stage 0: 68 (21.7%)	1.000 <sup>b</sup>
N (%)	Stage I: 8 (53.3%)	Stage I: 110 (35.0%)	
	Stage II: 6 (40.0%)	Stage II: 136 (43.3%)	

<sup>a</sup> Based on Independent T test

<sup>b</sup> Based on Fisher's exact test. Staging was grouped into either 1 (stage 0 and I) or 2 (stage II) to produce a comparison analysis

# Results

## Patients' interest in cancer surveillance

	Patients' interest in cancer	N=15 (100%)	Р-
	surveillance		value
٠	Stated wish to receive	15 (100%)	N/A
	combined care at PCP settings in the future		
٠	Expressed intention to transfer surveillance care to JH PCP	11 (73.3%)	0.000 <sup>a</sup>
•	Actually made surveillance appointments at JH PCP	8 (53%)	0.004 <sup>a</sup>
	Overall surveillance	14 (93.3%):	0.035 <sup>b</sup>
٠	appointments made at any	8 (53.3%) with PCP	
	location	5 (33.3%) with surgery	
		1 (6.7%) with local	
_		provider	

<sup>a</sup> Compared to our administrator's goal of 20% successful transfer rate using binomial tests

<sup>b</sup> Compared to our administrator's goal of 70% success rate of providing surveillance to our post-surgical patients using a binomial test

Abbreviations: JH, Johns Hopkins; PCP, primary care provider

## **Results** Satisfaction Survey

Patient Satisfaction	n=15	Neutral	Agree	Strongly Agree		
Feeling secure		0	1	14		
Understanding tests and visit	S	0	1	14		
Desire to continue CA surveil	1	0	14			
<b>Providers' Satisfaction</b>	n=8 (4 PCPs	n=8 (4 PCPs and 4 surgeons)				
	100% of providers satisfied-no analysis needed					
Care improved	РСР	0	1	3		
	Surgery	0	1	3		
Workload manageable	РСР	1	0	3		
	Surgery	0	0	4		
Desire to continue collabo	PCP	0	0	4		
	Surgery	0	0	4		
Administrators' Satisfactio	<b>n</b> n=4					
Revenue gain		2	2	0		
Desire to continue for colon CA pts		0	3	1		
Desire to expand to other CA pts		0	3	1		
"disagree" and "strongly disagree" not displayed due to the count 0 Abbreviations: PCP, primary care provider: CA, cancer: Collabo, collaboration				6		

## **Results** Revenue Analysis

#### Collaboration

- ✓ Yields increased capacity to perform more surgeries
- ✓ Keeps the total cost relatively unchanged
- ✓ Maintains the same surgical staff level
- Produces greater cost efficiency by spreading existing costs across more patients

Generation of marginal profit without increasing costs A good cost efficiency model

A viable care delivery system change

# Discussion

Patients desired combined care hand off is feasible

✓ Evidence Support

✓ Resource availability

✓ Timing

Win-Win Product Development

# Conclusion

New care delivery system prevents fragmented care and improves resource utilization

Benefits patients, providers and health system

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# References

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